

kenkō



Unique sports equipment
as beautiful as your home.

Catalogue

The Collection

Welcome to our catalogue of exclusive sports equipment.
We are delighted about your interest and would like to introduce you to our products and our brand and home gym solutions on the following pages.

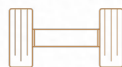
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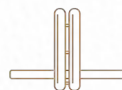
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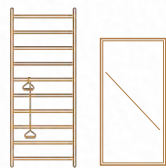
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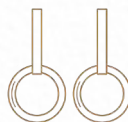
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Our Values

With the key phrase „sports equipment as beautiful as your home“, kenko inspires athletes and design lovers worldwide. Our focus is not only on a convincing function, but on a exclusive and sustainable approach in materials and local production *Made in Germany*.

01

Exclusive Design

Experience the best of luxury with our exclusive sports equipment, precisely crafted from handpicked materials and adorned with exquisite gold-plated elements. Elevate your workout in style and sophistication.

03

Functionality

We design and produce sports equipment with dedication. As enthusiastic athletes, functionality is our top priority.

02

Sustainability

We use natural, high-quality materials and our packaging is 100% plastic-free. Our products can be disassembled into their individual parts and materials in the sense of a sustainable life cycle.

04

Made in Germany

Kenko is a Berlin based brand and we keep our delivery routes short. Most of our components are manufactured in Germany, all products are assembled here in Berlin and tested for quality and safety.



Unique
sports
equipment
as beautiful
as your
home.





Aerobic Dumbbells

These uniquely modern dumbbells are perfect for a range of exercises for the whole body – especially for biceps, triceps, shoulders and back. The minimalist and high-quality look of the dumbbells exudes strength and elegance.

Set of two. Available in American Walnut and Canadian maple.

01



Version	Price incl. VAT (19%)
0,5kg / 1lbs	195,00 €
1,0kg / 2lbs	235,00 €
1,5kg / 3lbs	275,00 €
2,0kg / 4lbs	325,00 €
Set of 8	990,00 €

Dimensions:
0,5 kg / 1 lbs: Length: 17 cm; Diameter: 4,5 cm
1,0 kg / 2 lbs: Length: 22 cm; Diameter: 4,5 cm
1,5 kg / 3 lbs: Length: 27 cm; Diameter: 4,5 cm
2,0 kg / 4 lbs: Length: 32 cm; Diameter: 4,5 cm

Material:
American Walnut / Canadian Maple, Gold-Plated Brass, Steel



Dimensions:
3,0 kg / 6 lbs: Length: 17 cm; Diameter: 4,5 cm

Material:
Stainless Steel, Gold-Plated Brass

Aerobic Dumbbells

If 2,0kg / 4lbs is not enough, these stainless steel aerobic dumbbells are the next step. Finely turned and with noble gold-plated brass details, these dumbbells convince with their seamless elegance.

Set of two.



Version	Price incl. VAT (19%)
3,0kg / 6lbs	990,00 €





Version	Price incl. VAT (19%)
3,0kg / 6lbs	1.390,00 €
4,0kg / 8lbs	1.490,00 €
5,0kg / 10lbs	1.590,00 €
6,0kg / 14lbs	1.790,00 €
8,0kg / 18lbs	1.990,00 €
10,0kg / 22lbs	2.190,00 €
12,0kg / 26lbs	2.390,00 €
14,0kg / 30lbs	2.490,00 €
16,0kg / 34lbs	2.590,00 €



Dimensions:

3,4,5kg: Ø 10 cm; Length: 18,5 cm – 21 cm
6kg and above: Ø 14 cm; Length: 19 cm – 28 cm

Material:

American Walnut / Canadian Maple, Stainless Steel,
Gold-Plated Brass.


Stainless Steel Dumbbells

These dumbbells made of polished stainless steel meet all sporting as well as aesthetic demands. Noble solid wood, precisely manufactured weight plates and fine gold-plated brass details make these dumbbells an absolute eye-catcher even when not in use.

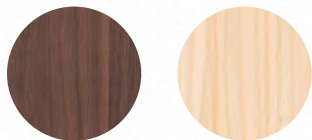
Set of two. Available in American walnut and Canadian maple.

02



A photograph showing a row of wooden dumbbells with metal weights, arranged on a wooden rack. The dumbbells are made of light-colored wood and have silver-colored metal weights. The weights are arranged in a row, with the wooden handles visible. The rack is made of light-colored wood and has a simple, clean design. The background is a plain, light-colored surface.

The
essence
of material
and
strength.



Version	Price incl. VAT (19%)
Classic	4.390,00 €
Cascada	3.920,00 €
Tower	3.690,00 €



(02)

Dumbbell Racks

These refined stands elegantly showcase your Kenko dumbbells while efficiently saving space. Crafted from the finest solid wood and embellished with gold-plated brass accents, the racks provide ample room for the complete range of Kenko dumbbells (3-16 kg / 6-34 lbs)

Available in American walnut and Canadian maple.
(Other woods are available upon customer request).

Dumbbells not included

(01)



(03)



- Dimensions:**
(01) Classic: Width: 133 cm; Height: 85 cm; Depth: 36 cm
(02) Cascada: Width: 130 cm; Height: 80 cm; Depth: 60 cm
(03) Tower: Width: 70 cm; Height: 130 cm; Depth: 50 cm

Material:
American Walnut / Canadian Maple, Steel, Gold-Plated Brass.

Kettlebell Series

Perfectly shaped and with fine gold-plated brass details, this kettlebell is an absolute showstopper. The handle is made of solid wood, fits ergonomically in the hand and offers a good grip even with heavy weights.

Available in American walnut and Canadian maple.



Version	Price incl. VAT (19%)
8,0kg / 18lbs	1.990,00 €
10,0kg / 22lbs	2.390,00 €
12,0kg / 26lbs	2.490,00 €
14,0kg / 30lbs	2.690,00 €
16,0kg / 34lbs	2.990,00 €

03

Dimensions:
Height: 28 cm – 32 cm; Width: 20,5 cm

Material:
American Walnut / Canadian Maple,
Stainless Steel, Gold-Plated Brass.

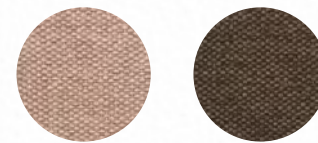




Yoga Mat

This noble yoga mat made of natural rubber and durable half-linen top is plastic-free and meets all the requirements of even demanding yogis.

04



Version	Price incl. VAT (19%)
Sand	135,00 €
Earth	135,00 €



Dimensions:

L x W x H: 183 cm x 68 cm x 0,6 cm

Material:

Natural Rubber, Half-Linen

Expander Series

(02) Expander Double: Classic expander made of noble wood with fine gold-plated brass details.

(03) Expander Big: Reliable training partner made of fine wood. By rolling up the expander ropes, the difficulty of the exercises can be easily intensified.

Both expanders are available in American walnut and Canadian maple.



Version	Price incl. VAT (19%)
Expander Double	175,00 €
Expander Big	195,00 €

05



(02)



(01)



Dimensions:

(01) Expander Double: Handle Length: 15 cm; Diameter: 3 cm

(02) Expander Big: Handle Length: 49 cm; Diameter: 3 cm

Material:

American Walnut / Canadian Maple, Elastic Strap, Gold-Plated Brass.



Working out
is key.
Relaxing is
essential.

Massage Series

The kenko Massage Series is perfect for treating localized pain and trigger points to support and aid in recovery after workout. The hollow container of Massage Ball and Massage Stick are made of stainless steel and can be filled with warm water up to 70°C / 158°F for a soothing, warming and targeted massage. The FreeFlow Kit effectively stimulates blood circulation and releases deep-seated tension in the muscles through pressure.

- (01) Massage Ball: Fillable with hot water.
- (02) Massage Stick: Fillable with hot water.
- (03) FreeFlow Kit: Available in walnut, maple and cork finish

Version	Price incl. VAT (19%)
Massage Ball	190,00 €
Massage Stick	190,00 €
FreeFlow Kit (Walnut/Maple)	130,00 €
FreeFlow Kit (Cork)	90,00 €



06

Dimensions:

- (01) Massage Ball: Ø: 8 cm; Height: 7 cm
- (02) Massage Stick: Ø: 4,2 cm; Height: 20 cm
- (03) FreeFlow Cone: Ø: 6 cm; Height: 6 cm
- FreeFlow Ball: Ø: 5cm

Material:

Stainless Steel, Cork

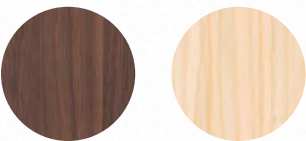


Push-Up Bars

Crafted from fine solid wood and accented with gold-plated brass details, these bars combine functionality with a touch of luxury, making them an exceptional addition to every fitness routine. The round, stable base evenly distributes the body weight, ensuring optimal posture throughout the workout. By adjusting and rotating the hand positions, different muscle groups can be targeted: A shoulder-width grip focuses on the chest, while a narrower grip shifts the intensity to the triceps.

For an even greater challenge, the bars can be used inverted, adding balance and core stability to your strength training.

Set of two. Available in American walnut and Canadian maple.



Version	Price incl. VAT (19%)
Push-Up Bars	365,00 €



07



Dimensions:
Ø: 26 cm; Height: 8 cm

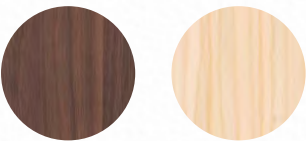
Material:
American Walnut / Canadian Maple, Gold-Plated Brass

Abdominal Roller

Made from certified American walnut known for it´s durability and warmth, this roller not only serves as a reliable training companion but also as an elegant sculptural piece that fits seamlessly into any home or gym environment.

This roller offers a range of exercises with varying difficulty levels. The addition of gold-plated brass details adds a touch of luxury, making this roller as aesthetically pleasing as it is functional.

Available in American walnut and Canadian maple.



Version	Price incl. VAT (19%)
Abdominal Roller	365,00 €

08

Dimensions:
Ø: 26 cm; Handle Length: 32 cm

Material:
American Walnut / Canadian Maple, Gold-Plated Brass.



Skipping Rope

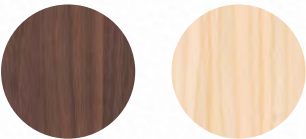
Featuring integrated ball bearings, this rope responds to even the slightest wrist movements, ensuring smooth rotations and safe, fluid motion during workout.

Crafted from solid American walnut handles and accented with gold-plated brass details, this skipping rope offers not only superior performance but also a touch of luxury.

The rope itself is made from durable natural rubber, providing excellent resistance and flexibility.

Available in American walnut and Canadian maple.

09



Version	Price incl. VAT (19%)
Skipping Rope	195,00 €



Dimensions:
Handle: Ø 3 cm; Length 14cm
Rope: Length 300 cm (shortenable)

Material:
American Walnut / Canadian Maple, Natural Rubber,
Gold-Plated Brass.



Wall Bars & Mirrors

(01) These Wall Bars offer an amazing variety of different training options. The elegant design and construction from high quality solid wood looks good in any environment – not only in sports rooms, but also as a functional furniture in living and sleeping areas. The minimalistic Wall Bar with 10 rungs allows a multifunctional training for the whole body. Combine the Wall Bar with our great expander series for even more variety in your workout.

(02) For the perfect posture and execution of the exercises is worth a look in the mirror. Our bronze mirrors with noble walnut frame come in two sizes and with practical wall mount.

10

(01)



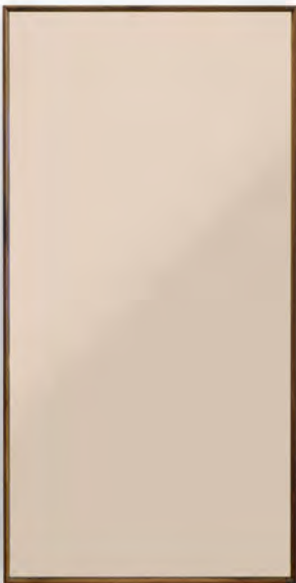
Dimensions:
Height: 235 cm; Width: 88 cm; Depth: 16,5 cm

Material:
American Walnut / Canadian Maple, Gold-Plated Brass

Dimensions:
Mirror L: Height: 200 cm; Width: 100 cm; Depth: 4 cm
Mirror M: Height: 120 cm; Width: 60 cm; Depth: 4 cm

Material:
American Walnut / Canadian Maple, Gold-Plated Brass

(02)



Version	Price incl. VAT (19%)
Wall Bar	2.390,00 €
Mirror M	990,00 €
Mirror L	1.790,00 €



Version	Price incl. VAT (19%)
Wall Bar	2.390,00 €



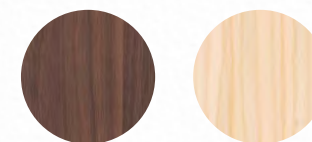


Gym Rings

Gym Rings: While the competition relies on rings made of plywood, these gymnastic rings made of solid wood set new aesthetic and functional standards. Perfect for use outdoors, indoors or as a complement to the kenko wall bar.

Available in American walnut and Canadian maple.

11



Version	Price incl. VAT (19%)
Gym Rings	365,00 €

Dimensions:

Rings: Ø 32 cm

Strap: Length 500 cm

Material:

American Walnut / Canadian Maple, Polyester, Steel

Sets

01) Set A: Set A lets you achieve a full body workout without the need for a gym full of bulky equipment. It Includes two 1,0kg dumbbells, one expander double and one massage ball.

(02) Set B: Set B provides many different kinds of exercises in a beautiful and efficient set that integrates into every high-quality home decor. This set comes with a stylish three-box storage system perfect for discretely organizing the gear in living room, bedroom or fitness and spa area. It includes two 1,0kg dumbbells, all three kenko expander, 2 push-up bars and a massage ball.

The products in both sets are available in American walnut or Canadian maple finish.

12

(01)



Version	Price incl. VAT (19%)
Set A	690,00 €
Set B	1.490,00 €



(02)

Dimensions:
(01) Set A: Width: 43 cm; Depth: 43 cm; Height: 24 cm
(02) Set B: Width: 52 cm; Depth: 43 cm; Height: 52 cm

Material:
American Walnut / Canadian Maple, Gold-Plated Brass, Stainless Steel, Cork, Elastic Straps

Wall Sets

(01) Wall Set M: This set provides many different kinds of exercises in a beautiful and efficient set that perfectly integrates into high-quality home decor. It includes one expander double and a pair of dumbbells in 1,0kg and 2,0kg.

(02) Wall Set L: This comprehensive wall set provides many different kinds of exercises in a beautiful and efficient set that is perfect for a private fitness room, hotel or spa area. It includes one expander double, one expander big, a pair of dumbbells in 1,0kg and 1,5kg, push up bars and a massage ball.

Both sets are available in walnut or maple finish.

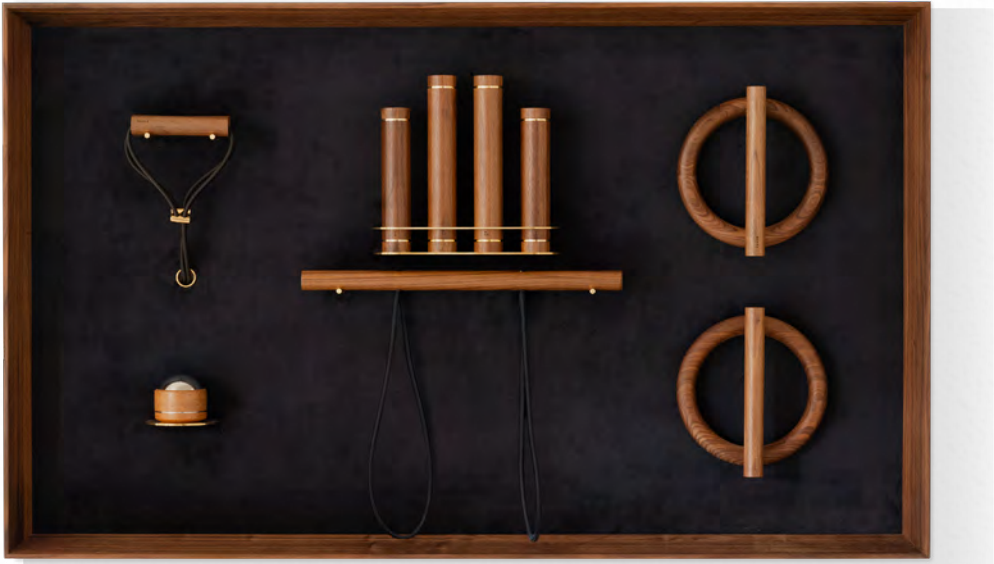


Version	Price incl. VAT (19%)
Wall Set M	1.890,00 €
Wall Set L	3.690,00 €

(01)



(02)



Dimensions:

(01) Set M: Width: 52 cm; Height: 52 cm; Depth: 12 cm

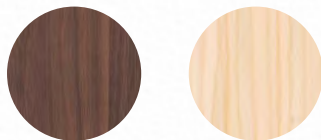
(02) Set L: Width: 144 cm; Height: 85 cm; Depth: 13 cm

Material:

American Walnut / Canadian Maple, Gold-Plated Brass, Stainless Steel, Cork, Elastic Straps

Unique
like your
home.
Unique
like you.





Version	Price incl. VAT (19%)
Custom Home Gym	42.000,00 €*

Example includes*

(01) Set B in Beech Wood, Equipment in American Walnut / Canadian Maple

(02) Set M in American Walnut / Canadian Maple

(03) Cascada Dumbbell Rack in American Walnut / Canadian Maple

(04) Stainless Steel Dumbbells 3–16kg / (6–34lbs) in American Walnut / Canadian Maple

(05) Kettlebells 8,10,12 and 14kg (18,22,26 and 30lbs) in American Walnut / Canadian Maple

(06) Two Kettlebell Floor Stands

(07) Fitness Bench in American Walnut / Canadian Maple

(08) Wallbar in American Walnut / Canadian Maple

(09) Gym Rings in American Walnut / Canadian Maple

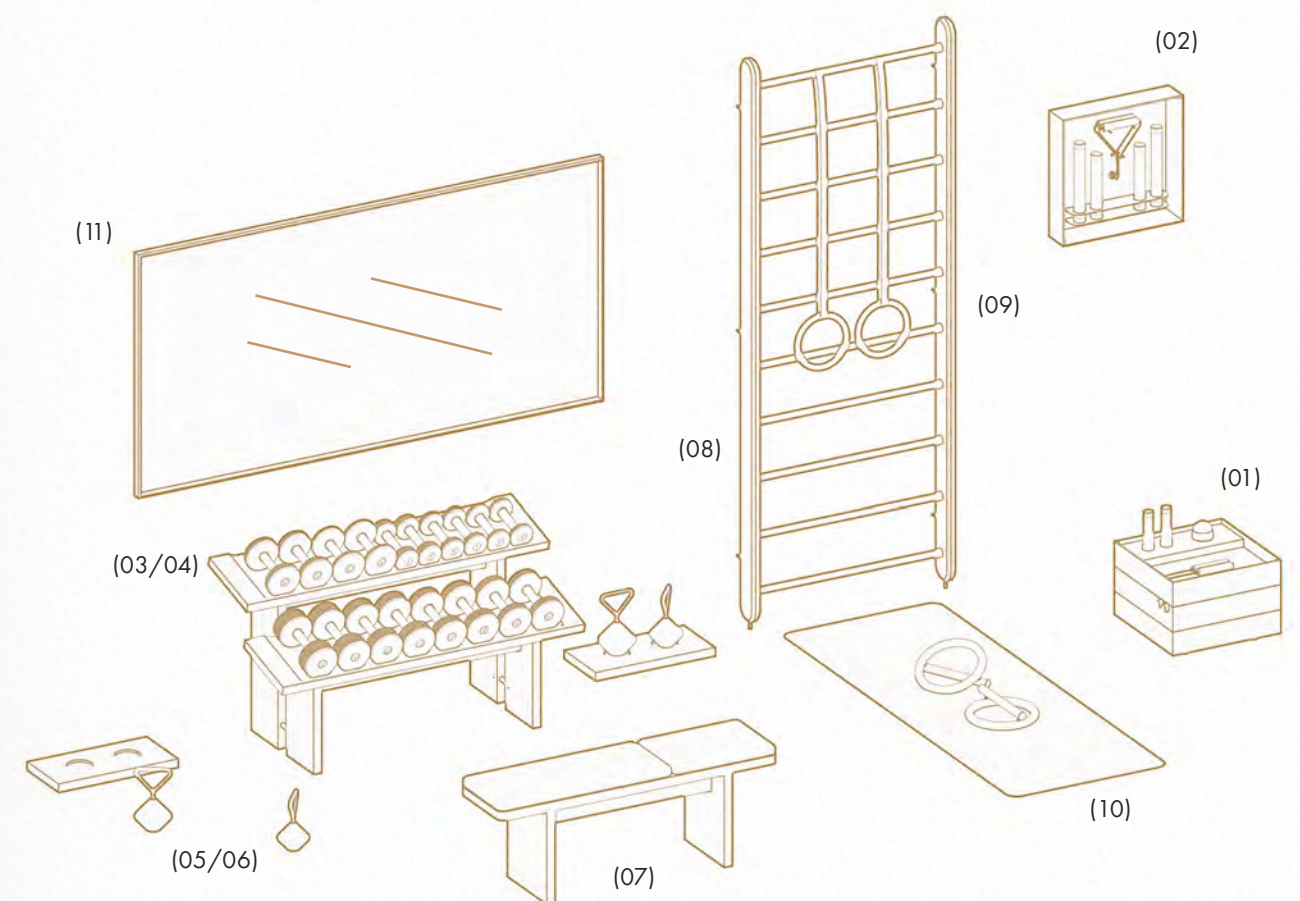
(10) Yoga Mat in Sand / Earth Color

(11) Mirror 200cm x 100cm in American Walnut / Canadian Maple

Custom Home Gym

Elevate your home gym experience with a customizable full home gym setup, crafted with premium materials such as stainless steel, fine woods, and gold-plated brass. Each product exudes elegance while delivering exceptional performance to enhance your fitness routine.

Available in American walnut and Canadian maple finishes.
More finishes and configurations upon request.





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