

kenkō



Unique sports equipment
as beautiful as your home.

Lookbook

The Collection

Welcome to our lookbook of exclusive sports equipment.
We are delighted about your interest and would like to introduce you to our products and our brand and home gym solutions on the following pages.

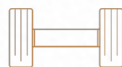
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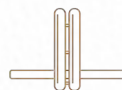
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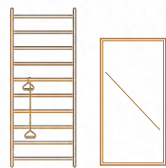
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Sets & Home Gym Solutions



Our Values

With the key phrase „sports equipment as beautiful as your home“, kenko inspires athletes and design lovers worldwide. Our focus is not only on a convincing function, but on a exclusive and sustainable approach in materials and local production *Made in Germany*.

01

Exclusive Design

Experience the best of luxury with our exclusive sports equipment, precisely crafted from handpicked materials and adorned with exquisite gold-plated elements. Elevate your workout in style and sophistication.

03

Functionality

We design and produce sports equipment with dedication. As enthusiastic athletes, functionality is our top priority.

02

Sustainability

We use natural, high-quality materials and our packaging is 100% plastic-free. Our products can be disassembled into their individual parts and materials in the sense of a sustainable life cycle.

04

Made in Germany

Kenko is a Berlin based brand and we keep our delivery routes short. Most of our components are manufactured in Germany, all products are assembled here in Berlin and tested for quality and safety.



Unique
sports
equipment
as beautiful
as your
home.





Aerobic Dumbbells

These uniquely modern dumbbells are perfect for a range of exercises for the whole body – especially for biceps, triceps, shoulders and back. The minimalist and high-quality look of the dumbbells exudes strength and elegance.

Set of two. Available in American Walnut and Canadian maple.

01



Dimensions:

0,5 kg / 1 lbs: Length: 17 cm; Diameter: 4,5 cm

1,0 kg / 2 lbs: Length: 22 cm; Diameter: 4,5 cm

1,5 kg / 3 lbs: Length: 27 cm; Diameter: 4,5 cm

2,0 kg / 4 lbs: Length: 32 cm; Diameter: 4,5 cm

Material:

American Walnut / Canadian Maple, Gold-Plated Brass, Steel



Dimensions:

3,0 kg / 6 lbs: Length: 17 cm; Diameter: 4,5 cm

Material:

Stainless Steel, Gold-Plated Brass

Aerobic Dumbbells

If 2,0kg / 4lbs is not enough, these stainless steel aerobic dumbbells are the next step. Finely turned and with noble gold-plated brass details, these dumbbells convince with their seamless elegance.

Set of two.





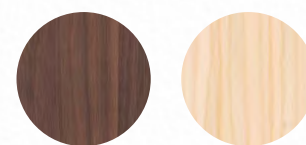
Dimensions:
3,4,5kg: Ø 10 cm; Length: 18,5 cm – 21 cm
6kg and above: Ø 14 cm; Length: 19 cm – 28 cm

Material:
American Walnut / Canadian Maple, Stainless Steel,
Gold-Plated Brass.


Stainless Steel Dumbbells

These dumbbells made of polished stainless steel meet all sporting as well as aesthetic demands. Noble solid wood, precisely manufactured weight plates and fine gold-plated brass details make these dumbbells an absolute eye-catcher even when not in use.

Set of two. Available in American walnut and Canadian maple.



02

A photograph showing a row of wooden-handled dumbbells with metal weights, arranged on a wooden rack. The dumbbells are made of light-colored wood and have silver-colored metal weights. The weights are arranged in a row, with the wooden handles visible. The rack is made of light-colored wood. The background is a plain, light-colored surface.

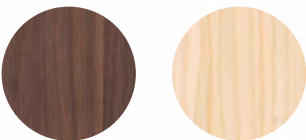
The
essence
of material
and
strength.

Dumbbell Racks

These refined stands elegantly showcase your Kenko dumbbells while efficiently saving space. Crafted from the finest solid wood and embellished with gold-plated brass accents, the racks provide ample room for the complete range of Kenko dumbbells (3-16 kg / 6-34 lbs)

Available in American walnut and Canadian maple.
(Other woods are available upon customer request).

Dumbbells not included



(02)

Dimensions:

- (01) Classic: Width: 133 cm; Height: 85 cm; Depth: 36 cm
- (02) Cascada: Width: 130 cm; Height: 80 cm; Depth: 60 cm
- (03) Tower: Width: 70 cm; Height: 130 cm; Depth: 50 cm

Material:

American Walnut / Canadian Maple, Steel, Gold-Plated Brass.

(01)



(03)



Kettlebell Series

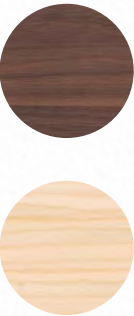
Perfectly shaped and with fine gold-plated brass details, this kettlebell is an absolute showstopper. The handle is made of solid wood, fits ergonomically in the hand and offers a good grip even with heavy weights.

Available in American walnut and Canadian maple.

03

Dimensions:
Height: 28 cm – 32 cm; Width: 20,5 cm

Material:
American Walnut / Canadian Maple,
Stainless Steel, Gold-Plated Brass.

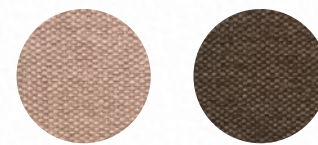




Yoga Mat

This noble yoga mat made of natural rubber and durable half-linen top is plastic-free and meets all the requirements of even demanding yogis.

04



Dimensions:

L x W x H: 183 cm x 68 cm x 0,6 cm

Material:

Natural Rubber, Half-Linen

Expander Series

(02) Expander Double: Classic expander made of noble wood with fine gold-plated brass details.
(03) Expander Big: Reliable training partner made of fine wood. By rolling up the expander ropes, the difficulty of the exercises can be easily intensified.

Both expanders are available in American walnut and Canadian maple.



05



(02)



(01)



Dimensions:
(01) Expander Double: Handle Length: 15 cm; Diameter: 3 cm
(02) Expander Big: Handle Length: 49 cm; Diameter: 3 cm

Material:
American Walnut / Canadian Maple, Elastic Strap, Gold-Plated Brass.



Working out
is key.
Relaxing is
essential.

Massage Series

The kenko Massage Series is perfect for treating localized pain and trigger points to support and aid in recovery after workout. The hollow container of Massage Ball and Massage Stick are made of stainless steel and can be filled with warm water up to 70°C / 158°F for a soothing, warming and targeted massage. The FreeFlow Kit effectively stimulates blood circulation and releases deep-seated tension in the muscles through pressure.

- (01) Massage Ball: Fillable with hot water.
- (02) Massage Stick: Fillable with hot water.
- (03) FreeFlow Kit: Available in walnut, maple and cork finish

(01)



(02)



(03)



06

Dimensions:

- (01) Massage Ball: Ø: 8 cm; Height: 7 cm
- (02) Massage Stick: Ø: 4,2 cm; Height: 20 cm
- (03) FreeFlow Cone: Ø: 6 cm; Height: 6 cm
FreeFlow Ball: Ø: 5cm

Material:

Stainless Steel, Cork

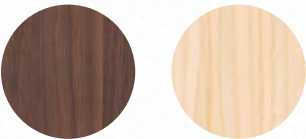


Push-Up Bars

Crafted from fine solid wood and accented with gold-plated brass details, these bars combine functionality with a touch of luxury, making them an exceptional addition to every fitness routine. The round, stable base evenly distributes the body weight, ensuring optimal posture throughout the workout. By adjusting and rotating the hand positions, different muscle groups can be targeted: A shoulder-width grip focuses on the chest, while a narrower grip shifts the intensity to the triceps.

For an even greater challenge, the bars can be used inverted, adding balance and core stability to your strength training.

Set of two. Available in American walnut and Canadian maple.



07



Dimensions:
Ø: 26 cm; Height: 8 cm

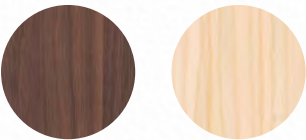
Material:
American Walnut / Canadian Maple, Gold-Plated Brass

Abdominal Roller

Made from certified American walnut known for it´s durability and warmth, this roller not only serves as a reliable training companion but also as an elegant sculptural piece that fits seamlessly into any home or gym environment.

This roller offers a range of exercises with varying difficulty levels. The addition of gold-plated brass details adds a touch of luxury, making this roller as aesthetically pleasing as it is functional.

Available in American walnut and Canadian maple.



08

Dimensions:
Ø: 26 cm; Handle Length: 32 cm

Material:
American Walnut / Canadian Maple, Gold-Plated Brass.



Skipping Rope

Featuring integrated ball bearings, this rope responds to even the slightest wrist movements, ensuring smooth rotations and safe, fluid motion during workout.

Crafted from solid American walnut handles and accented with gold-plated brass details, this skipping rope offers not only superior performance but also a touch of luxury.

The rope itself is made from durable natural rubber, providing excellent resistance and flexibility.

Available in American walnut and Canadian maple.



09

Dimensions:
Handle: Ø 3 cm; Length 14cm
Rope: Length 300 cm (shortenable)

Material:
American Walnut / Canadian Maple, Natural Rubber,
Gold-Plated Brass.



Wall Bars & Mirrors

(01) These Wall Bars offer an amazing variety of different training options. The elegant design and construction from high quality solid wood looks good in any environment – not only in sports rooms, but also as a functional furniture in living and sleeping areas. The minimalistic Wall Bar with 10 rungs allows a multifunctional training for the whole body. Combine the Wall Bar with our great expander series for even more variety in your workout.

(02) For the perfect posture and execution of the exercises is worth a look in the mirror. Our bronze mirrors with noble walnut frame come in two sizes and with practical wall mount.

10

(01)

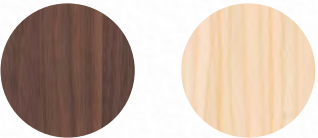


Dimensions:
Height: 235 cm; Width: 88 cm; Depth: 16,5 cm

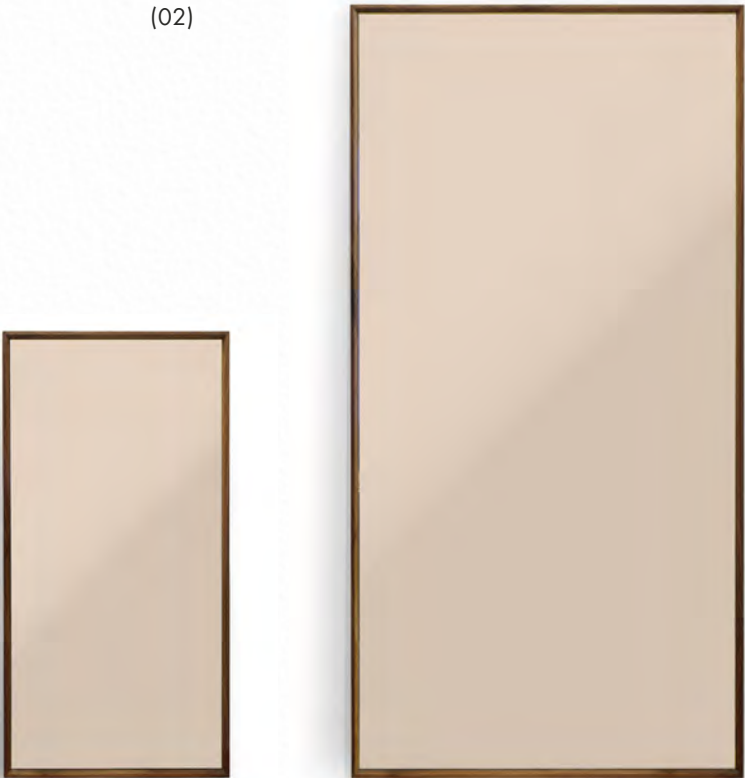
Material:
American Walnut / Canadian Maple, Gold-Plated Brass

Dimensions:
Mirror L: Height: 200 cm; Width: 100 cm; Depth: 4 cm
Mirror M: Height: 120 cm; Width: 60 cm; Depth: 4 cm

Material:
American Walnut / Canadian Maple, Gold-Plated Brass



(02)





Dimensions:

Rings: Ø 32 cm

Strap: Length 500 cm

Material:

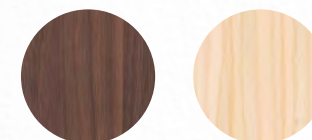
American Walnut / Canadian Maple, Polyester, Steel



Gym Rings

Gym Rings: While the competition relies on rings made of plywood, these gymnastic rings made of solid wood set new aesthetic and functional standards. Perfect for use outdoors, indoors or as a complement to the kenko wall bar.

Available in American walnut and Canadian maple.



11

Sets

01) Set A: Set A lets you achieve a full body workout without the need for a gym full of bulky equipment. It Includes two 1,0kg dumbbells, one expander double and one massage ball.

(02) Set B: Set B provides many different kinds of exercises in a beautiful and efficient set that integrates into every high-quality home decor. This set comes with a stylish three-box storage system perfect for discretely organizing the gear in living room, bedroom or fitness and spa area. It includes two 1,0kg dumbbells, all three kenko expander, 2 push-up bars and a massage ball.

The products in both sets are available in American walnut or Canadian maple finish.



(01)



12



(02)

Dimensions:
(01) Set A: Width: 43 cm; Depth: 43 cm; Height: 24 cm
(02) Set B: Width: 52 cm; Depth: 43 cm; Height: 52 cm

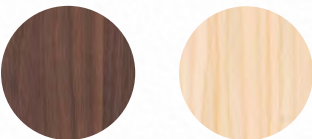
Material:
American Walnut / Canadian Maple, Gold-Plated Brass, Stainless Steel, Cork, Elastic Straps

Wall Sets

(01) Wall Set M: This set provides many different kinds of exercises in a beautiful and efficient set that perfectly integrates into high-quality home decor. It includes one expander double and a pair of dumbbells in 1,0kg and 2,0kg.

(02) Wall Set L: This comprehensive wall set provides many different kinds of exercises in a beautiful and efficient set that is perfect for a private fitness room, hotel or spa area. It includes one expander double, one expander big, a pair of dumbbells in 1,0kg and 1,5kg, push up bars and a massage ball.

Both sets are available in walnut or maple finish.



(01)



(02)



Dimensions:

(01) Set M: Width: 52 cm; Height: 52 cm; Depth: 12 cm

(02) Set L: Width: 144 cm; Height: 85 cm; Depth: 13 cm

Material:

American Walnut / Canadian Maple, Gold-Plated Brass, Stainless Steel, Cork, Elastic Straps

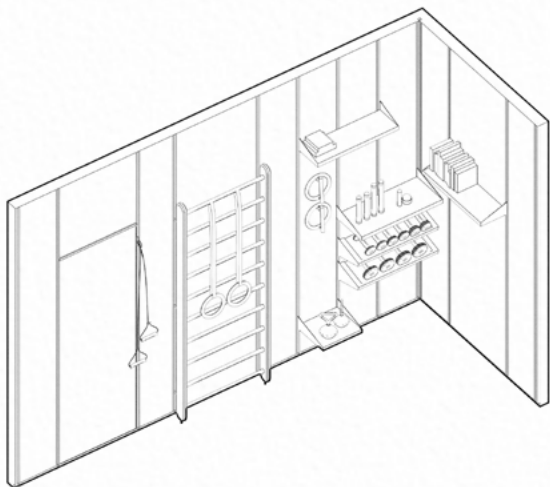
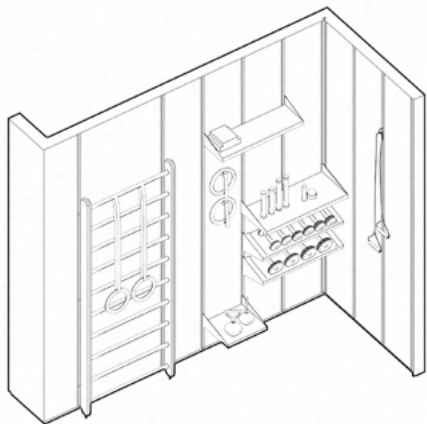
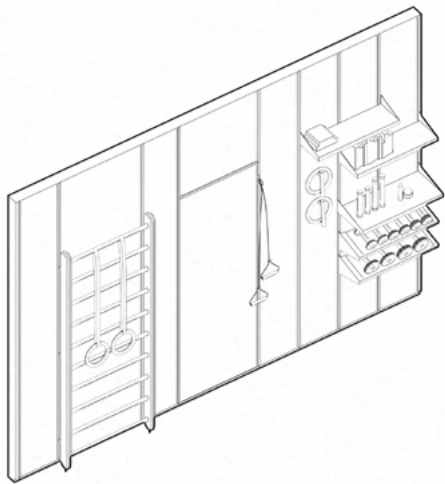
Unique
like your
home.
Unique
like you.



Build in Gym Solutions

Our modular and customizable wall grid offers adaptability to accommodate various circumstances, serving as a sophisticated foundation for our versatile array of sports equipment.

According to your needs:
With our wall grid we create custom made gym spaces.



Customization

Discover the essence of personalization with our product range, where you have the freedom to tailor your selections by choosing from a variety of wood options. Elevate your space with a touch of uniqueness as you craft your ideal aesthetic with our customizable offerings.

Canadian Maple



American Walnut



Oak



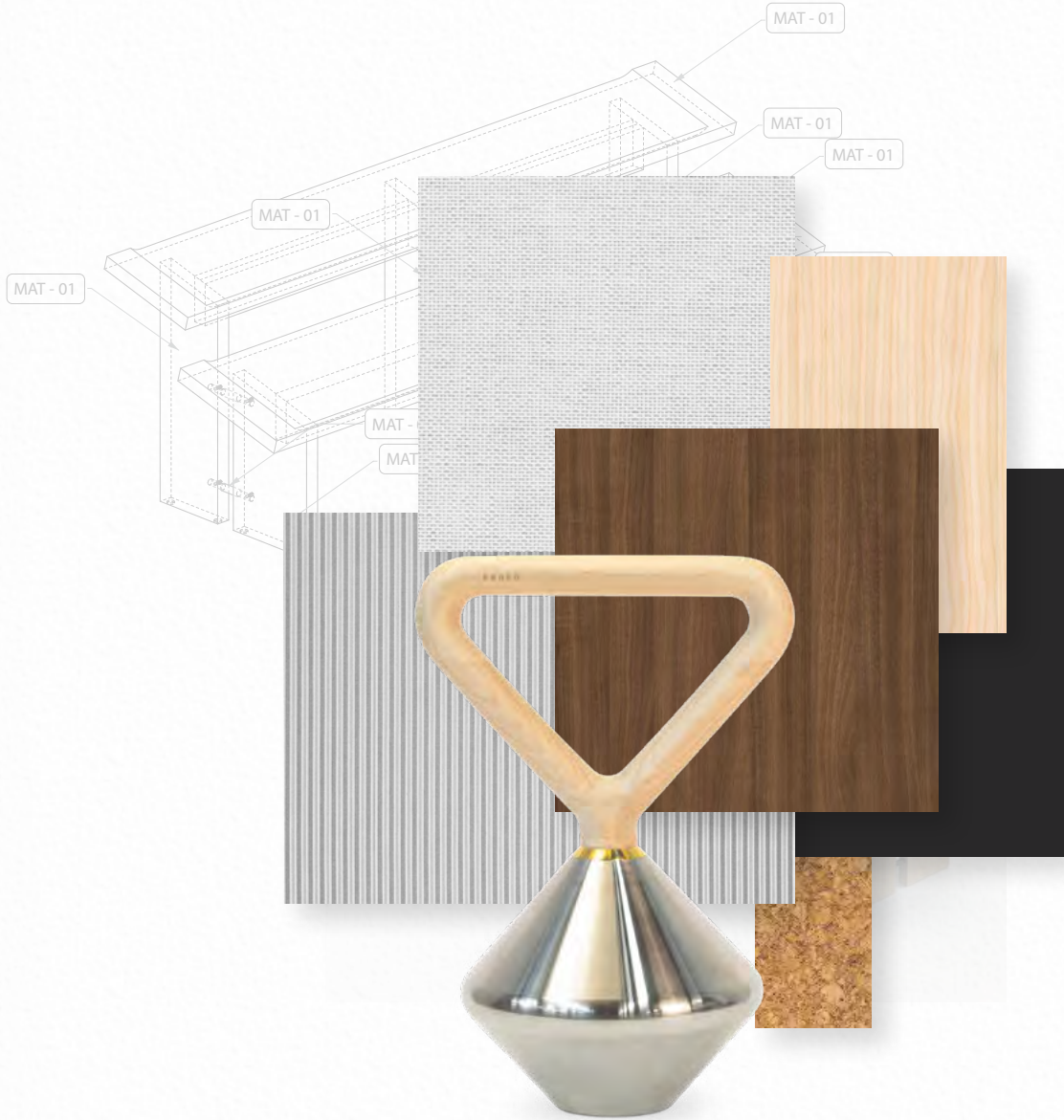
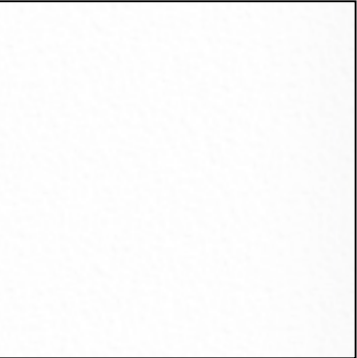
Beech



Ash



...and more



Planning Assistance

Create a bespoke gym space within your hotel with our expert planning assistance. We specialize in curating dedicated fitness areas, seamlessly integrating our premium equipment alongside offerings from our esteemed partners. Let us guide you through the process, from conceptualization to realization, ensuring your hotel gym exceeds expectations in both functionality and aesthetics.



Kenko GmbH

Niemetzstraße 41, Halle 9, 12055 Berlin

www.kenkostores.com

Tel: +49 (0) 30 984 570 27 | Mail: info@kenkostores.com